



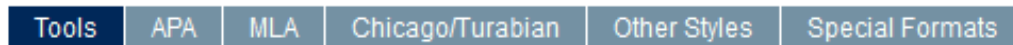
Citation Help

1. MS Word program

- a. Go to **References Tab** in the top tool bar and choose a citation style (MLA, Chicago, APA, etc.)
- b. For In-text Citations, click on **Insert Citation**, then **Add new source**.
 - i. A pop-up box will appear, entitled "Create source": fill in the necessary information and "ok".
 - ii. This will insert your new citation in the format of your choice.
- c. For bibliographic citations, click on the Bibliography icon – then select bibliography or works cited.
 - i. This will insert your new bibliographic citation in the format of your choice.

2. UBC Library homepage

- a. Go to the **Get Research Help** Tab in the top tool bar.
- b. Scroll down to **Evaluating & Citing Resources**, then **How to Cite**.
- c. In the blue Tool bar, select the style format of your choice.



- d. Scroll down to the .pdf style guide, which you can download and save to your email.

3. Zotero: Firefox Add-On

Zotero is a citation manager. It is designed to store, manage, and cite bibliographic references, such as books and articles. Zotero works from your Firefox browser: you first download the program [here](#), and run it via Firefox. Having Zotero run from your browser allows you to cite anything you come across on the web (book, website, link, e-book, online citation, etc.) and Zotero will format it in the style format of your choice on your computer. Click [here](#) for full instructions on how to use Zotero.